



STAY CONNECTED!



CARRIER SEKANI
FAMILY SERVICES

KUU-US Indigenous Crisis Line

Youth/Kids:

1-250-723-2040

Adults/Elders:

1-250-723-4050

Toll Free:

1-800-588-8717

Mental Health Crisis Line

(no area code) **310-6789**
(simply dial that number)

Texting Crisis Lines:

Youth/Adult:

Text HOME to 686868

Kid's Help Phone

1-800-668-6868

Suicide Prevention

1-800-(SUICIDE)

or

1-800-784-2433

Northern BC

Crisis Lines

24/7 Crisis Line

1-888-562-1214