



CARRIER SEKANI
FAMILY SERVICES

Wellbriety/Smart Recovery May 2025

Monday	Tuesday	Wednesday	Thursday	Friday
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			Wellbriety – CSFS 1550 Victoria St (Old North Star Inn) 12-1pm SMART Recovery – BCSS 1139 6 th Ave 3-4pm	Wellbriety – CINH 393 George St. 1-2pm
5	6	7	8	9
	Wellbriety – AHSPG 1975 Bowser Ave 12-1pm Women's Wellbriety – CINH 393 George St. 3-4pm	SMART Recovery-PGNFC 3 rd Floor -1600 3 rd Ave 2-3:30pm	Wellbriety – CSFS 1550 Victoria St (Old North Star Inn) 12-1pm SMART Recovery – BCSS 1139 6 th Ave 3-4pm	Wellbriety – CINH 1110 4 th Ave 1-2pm
12	13	14	15	16
	Wellbriety – AHSPG 1975 Bowser Ave 12-1pm Women's Wellbriety – CINH 393 George St. 3-4pm	SMART Recovery-PGNFC 3 rd Floor -1600 3 rd Ave 2-3:30pm	Wellbriety – CSFS 1550 Victoria St (Old North Star Inn) 12-1pm SMART Recovery – BCSS 1139 6 th Ave 3-4pm	Wellbriety – CINH 393 George St. 1-2pm
19	20	21	22	23
	Wellbriety – AHSPG 1975 Bowser Ave 12-1pm Women's Wellbriety – CINH 393 George St. 3-4pm	SMART Recovery-PGNFC 3 rd Floor -1600 3 rd Ave 2-3:30pm	Wellbriety – CSFS 1550 Victoria St (Old North Star Inn) 12-1pm SMART Recovery – BCSS 1139 6 th Ave 3-4pm	Wellbriety – CINH 393 George St. 1-2pm
26	27	28	29	30
	Wellbriety – AHSPG 1975 Bowser Ave 12-1pm Women's Wellbriety – CINH 393 George St. 3-4pm	SMART Recovery-PGNFC 3 rd Floor -1600 3 rd Ave 2-3:30pm	Wellbriety – CSFS 1550 Victoria St (Old North Star Inn) 12-1pm SMART Recovery – BCSS 1139 6 th Ave 3-4pm	Wellbriety – CINH 393 George St. 1-2pm

Misia Slugocki Addiction Recovery Wellness Worker E: mslugocki@csfs.org C: 672-983-2314	Hawa Ayorech Aboriginal Housing Society Community Programs Coordinator E: hawa@ahspg.ca P: 250-564-9794	James Olsen Central Interior Native Health Wellness Co-ordinator E: james.olsen@cinh.org P: 250-564-4422	Lorraine McArthur PG Native Friendship Centre Drug & Alcohol Counsellor E: lmcarthur@pgnfc.com P: 250-564-4324	Nansi Long BC Schizophrenia Society Executive Director E: nlong@bcsspg.org P: 250-564-3396
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