



CARRIER SEKANI
FAMILY SERVICES

STEPS TO APPLY

PLEASE BE ADVISED TREATMENT
SERVICES ARE FOR RESIDENTS OF
BC AND YUKON ONLY.

STEP 1 Initiate contact with a mental health professional to complete and/or review the treatment centre application.

STEP 2 Attend a minimum of six one-hour pre-treatment counselling and/or other support sessions in preparation for treatment.

STEP 3 Connect with a physician and/or nurse for tuberculosis screening/medical assessment.

STEP 4 If you have legal obligations, connect with probation officer, lawyer, etc.

STEP 5 Send completed application by email/fax to treatment centre of your choice.

STEP 6 Receive letter of acceptance and prepare to go to treatment centre.

STEP 7 Attend treatment centre for your healing journey.

2.1 Detox for a minimum of 14 days prior to starting treatment.

3.1 All doctor/dentist appointments must be scheduled prior to attending treatment.

3.2 Ensure all banking and financial matters are in order before attending treatment (i.e., EI reporting, SA reporting, rent).

3.3 Ensure all prescription medications are blister-packed and you have enough for the duration of the program including OAT and nicotine.

4.1 Confirm that you do not have any scheduled court appearances or other appointments during treatment (Gladue clients).

6.1 Make travel arrangements to and from treatment centre.

6.2 Review treatment website for rules/protocols and what to pack.