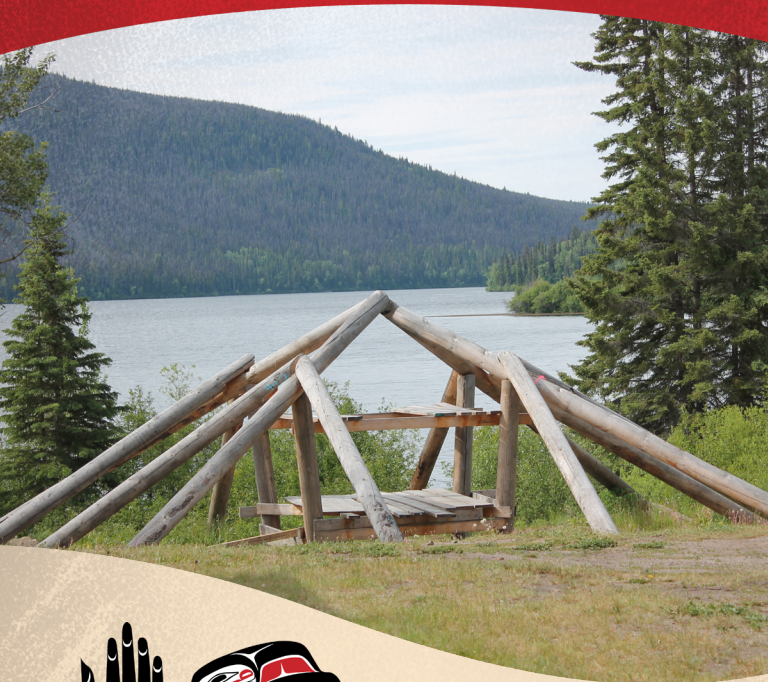


Addictions Recovery Program



CARRIER SEKANI
FAMILY SERVICES

Our program's mission is to create a healing environment by utilizing a holistic approach that promotes a cultural lifestyle free from addictions and restores a sense of pride in the Carrier and Sekani Culture.

Creating wellness together.

Addictions Recovery Program

Community Outreach (November-April)

Outreach Workshops are booked at the request of your community. Our request form is available online at www.csfs.org. The Addictions Recovery Program (ARP) team can provide workshops and work with your current community resources for customized programs.

Sessions modules can include:

- Grief & Loss
- Self Esteem
- Family Violence
- Addictions & the Effects
- Relapse Prevention
- Trauma
- Anger
- Suicide
- Shame and Guilt
- Effective Communication
- Spirituality
- Gambling Addictions

Ormond Lake Cultural Healing Center

Our camps aim to restore balance in life. We focus on physical, emotional and spiritual well-being through:

- Nature walks
- Smudging & Prayer
- Speaking to Elders
- Sweat Ceremonies
- Reading & Journaling
- Talking Circles
- Counselling
- Workshops
- Ceremonies
- Berry picking (in season)
- Hunting & Fishing (in season)
- Balanced & Nutritious Diet
- Traditional Crafts

Contact Info:

240 West Stewart Street
PO Box 1219 Vanderhoof, B.C.
V0J 3A0

Phone: 250-567-2900
email: arp@csfs.org



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