

Intensive Family Therapeutic Services



CARRIER SEKANI
FAMILY SERVICES

Intensive Family Therapeutic Services (IFTS) is an in-home crisis intervention and family counselling program designed to keep children and families safe, preventing unnecessary out of home placement of children.

Creating wellness together.

Intensive Family Therapeutic Services

Our clinicians meet with the family in their home or in the community. IFTS clinicians are available to families 24 hours a day, 7 days a week. Services typically last 4 weeks and the clinician will spend approximately 8-10 hours per week working directly with the family.

We use a variety of counselling approaches (e.g., motivational interviewing, cognitive-behavioral strategies, and parenting skills training) tailored to each family's unique needs.

Referrals are made by MCFD when a child is at imminent risk of removal. Our clinicians will meet with families no later than 24 hours after the referral is received. Services are available to families in the Prince George area.

Services

- Counselling
- Advocacy and support in connecting with other resources
- Assistance in obtaining tangible supports
- Enhancing positive parenting skills
- Enhancing family communication
- Addressing safety concerns
- Enhancing coping strategies
- Referrals to other community resources
- Building on family's strengths
- Relapse prevention strategies

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