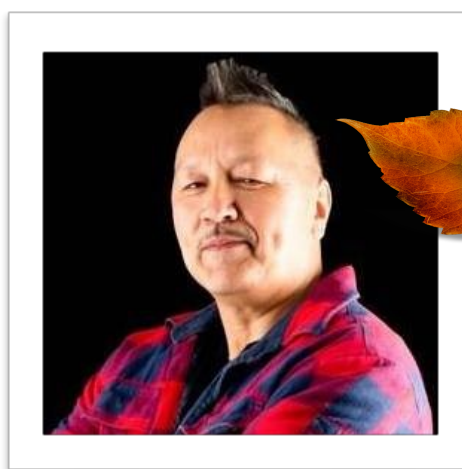


# Goozih Dust'lus

Fall 2017



CARRIER SEKANI  
FAMILY SERVICES



## Ying'henzit Art Gala - Coming soon!

The Ying'henzit Annual Art Gala is just around the corner! This year we are very lucky to have Art Napoleon from the hit show 'Moosemeat and Marmalade' join us! Art will be MCing this popular annual event which takes place at the Ramada Plaza in Prince George on November 4th. Welcoming remarks and dinner starts at 6pm, and will be followed by a live and silent auction. CSFS co-sponsors this event with the Two Rivers Art Gallery. All featured artwork is created exclusively by indigenous artists.

All funds raised by this charitable event will go toward the William Teegee Memorial Scholarship which will support indigenous students in learning activities around music and art. Its a great event to support a great cause! Tickets are \$65 per person or a table of 8 for \$500 and can be purchased at Central Interior Tickets at 3540 Opie Cres in PG, or online at [www.centralinteriortickets.com](http://www.centralinteriortickets.com)

### Coming up soon....

#### Bridging to Employment

Both programs start in Sept!

PG Contact: [SWurtak@csfs.org](mailto:SWurtak@csfs.org)

BL Contact: [DBatley@csfs.org](mailto:DBatley@csfs.org)

#### ARP Workshops

Community Addictions Recovery  
Workshops can be booked by anyone!

Contact: [ARP@csfs.org](mailto:ARP@csfs.org) for info

#### Ying'henzit Art Gala

November 4th, 2017  
3rd annual dinner & silent auction

Contact : [CStaub@csfs.org](mailto:CStaub@csfs.org)

## Bridging to Employment Starts soon!

Intake dates to sign up for the next Bridging to employment programs are fast approaching!

In the Burns Lake area contact [DBatley@csfs.org](mailto:DBatley@csfs.org) or call their office at 250 692 3586.

In Prince George, please contact [SWurtak@csfs.org](mailto:SWurtak@csfs.org) or call her at 250-563-5530.

We also have program information on our website



## Holistic Care for Expecting Parents

### Integrated Maternal Child Health Care

The Family Preservation/ Maternal Child Health Program works hard to ensure that new and expecting parents are supported. We have recently developed an integrated case management team in which our Maternal Child Health program is a part of. The integrated team includes other medical service providers such as doctors, nurses and early childhood development professionals who provide integral services to new and expecting parents and infants.

The benefit to expecting and new parents and babies is a higher quality of coordinated prenatal, post-natal and infant health care. Care plans are set up amongst the

professionals to meet the specific needs of the patients, rather than having professionals work in silos with little communication. Through our holistic approach, we can better ensure that prenatal care is provided, and that babies are supported in their development through various assessments, and immunizations. Another program we offer to new parents is the 'Growing Great Kids' curriculum. This attachment-based learning program is offered to parents in their home and is quickly growing in popularity. Research has shown that the program increases protective factors for children and helps to establish a closer parental bond.





## Birch Bark Basket Making

with Noeleen McQuary and her daughter Chelsey

Earlier this year Noeleen McQuary and her daughter Chelsey shared their traditional basket making knowledge with students sponsored through the William Teegee Memorial Scholarship. Noeleen showed the students how to harvest the birch bark, spruce roots and red willow branches in the early spring when the sap is running.

Noeleen was incredibly patient with the students as she showed them how to shape the bark, poke holes and then stitch the seams together. The students spent many hours learning under her wise mentorship. She also taught the class how to recognize the signature stitching of basket makers. The students were thrilled with their baskets and the knowledge

that Noeleen and Chelsea shared with them.

CSFS is forever grateful to Noeleen, both for sharing her knowledge with our students, and also for allowing CSFS to use her signature basket stitch to base our branding. When we released our updated website and printed CSFS materials last year, they featured Noeleen's signature stitch! Noeleen's beautiful basket was the perfect symbol to represent the myriad of culturally relevant services we provide under various disciplines. Noeleen is happy to share her knowledge with others, and can be reached at:

[NoeleenMcQuary@gmail.com](mailto:NoeleenMcQuary@gmail.com)



## Child Welfare Governance Developing Community Based Prevention Services

The CSFS *Child & Family Services* program is conducting community engagement sessions in our communities to work with leadership, members & staff to identify community-based Prevention Services.

Mary Teegee, Executive Director of Child and Family Services stated, "We are honoured to be working with our communities in the identification and development of Prevention Services, which had been denied to us our entire 27 year history. Now, due to the Canadian Human Rights Tribunal's ruling of January 2016, which found that INAC provided between 22-34% less funding for our children & families on reserve than mainstream provincial resourcing, they are required to fund us for prevention services.

We recognize that we can only identify and implement optimal prevention services for our people by developing them with you."

CSFS has developed a case study model to gain in-depth insight of community member perspectives. Based on the community engagements, a draft Prevention Services Plan, Budget & Implementation Plan will be reviewed with the Chief and Council of each Nation. After this, the plan will be advanced to INAC. An Implementation Plan will be reviewed with the Chief and Council of each Nation and will then be advanced to INAC with implementation to follow.

CSFS is also engaging communities for the purpose of supporting Child Welfare Teams (aka Community Wellness Teams).

CSFS will be working with each community to support this important initiative including co-developing training plans.

Lastly, CSFS is working with the leadership of our Nations in the research, development and codification of a Carrier Sekani Child Welfare Jurisdiction Act, intended to replace BC's *Child, Family & Community Service Act*. When CSFS was first started 27 years ago, delegation was seen as an interim measure until such time that we could develop our own Child Welfare Act. This would allow for our programs and services to operate in accordance with traditional laws which provided for the safety and well-being of our children and families since time immemorial. An up-to-date community engagement schedule will be available on our website at [www.csfs.org](http://www.csfs.org) under 'events'. For further info, contact Allen Cummings at (250) 562-3591 or [acummings@csfs.org](mailto:acummings@csfs.org)





## 2017 Youth Culture Camps

We would like to thank Chief Jackie Thomas and Saik'uz First Nation for welcoming us to their traditional territory for our annual Youth Culture Camps! Culture Camps provide an excellent opportunity for youth to develop their leadership potential and learn the Nation's traditional practices via knowledge shared from host community members and elders. Rodney Tead and Hazel Alexis joined us for the week to share cultural knowledge and provide mentoring to our youth. Additional knowledge holders joined us for specific workshops. We were very lucky to have such a wealth of knowledge sharing and mentorship!

This year seven boys and sixteen girls attended camp at the Saik'uz Park and Potlatch house. They were taught traditional practices including hunting and berry-picking, drumming, singing, storytelling, and an introduction to the Bah'lats system. When the youth were not participating in cultural teachings offered by knowledge holders, they were engaging in workshops and activities that focused on promoting holistic wellness including stress management, healthy sexuality, leadership, suicide prevention and physical fitness.

Our favourite moments from this year's camp are the boys "First Annual Turtle Race" and the girls Nah'wess Competition, drum-making, and Rodney Tead's jam sessions. On our last day we hosted a teaching Bah'lats in the youth's honour attended by the Clan leaders, chief and council, family members, caregivers and community members. At the Bah'lats knowledge holders and chaperones recognized each youth for their unique accomplishments including the slowest



canoe, and loudest snoring and awarded youth with certificates for the 8 Carrier Values. Our Youth Council is working hard at putting together our Culture Camp Video which you can watch for on our CSFS website and social media pages. If you would like to get involved in planning next year's culture camp, please contact Kayla Brownscombe at 250 564 5643.

## NEW CSFS Baby Box Program

CSFS is now an official Baby Box distributor! So what is the baby box program all about? It's a great program which provides expecting parents with educational videos, articles, ebooks and health care consultation, all from the comfort of their own homes. Plus you get a Health Canada certified bassinet that comes with a mattress, samples, a onesie, wipes, and coupons.

All you have to do to register is go to [www.babyboxuniversity.com](http://www.babyboxuniversity.com) and click on 'sign up for first time users'. From there select 'British Columbia Syllabus' and get your completion certificate by watching the videos and taking the quiz. Print or save your certificate and send it to [sarah@csfs.org](mailto:sarah@csfs.org) along with your mailing address, email address, and phone number. From there, a CSFS rep will contact you to provide you with your baby box and an orientation. Its that easy!

Information on this new program can also be found on our website at [www.csfs.org](http://www.csfs.org) under the news section.



## Nowh Guna' Culture Resource Now available!

We have had an incredible response to our Carrier Culture Resource which was created to share knowledge with professionals who work with our member Nations. Topics in the booklet include local colonization history, community and family norms, cultural practices, governance, philosophy and values. The booklet is now available for a minimum donation from CSFS by contacting [marlaena@csfs.org](mailto:marlaena@csfs.org). Alternatively, they can be purchased at Books and Company in Prince George. Proceeds will go toward re-printing costs and training for our staff members.

