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Welcome to CSFS Health e-News: October 2008
~ Breast Cancer Month~Lupus Awareness Month~

Staff Changes in Health:

- The addictions recovery program says farewell to Marlene Nooski. She was an asset to our program, and will be missed. Good luck Marlene. We would also like to say goodbye to Kirby West and Sally Joseph who helped a great deal at Ormond Lake Camp for the season.
- We are pleased to announce that Angela Barfoot and Tana Young have been hired for the COHI Aide Positions for Saik'uz and Takla.

Job Opportunities with CSFS:

UPDATES

ABORIGINAL PATIENT LIAISON:

ADMINISTRATION

ADDICTIONS RECOVERY PROGRAM:

Our program at Ormond Lake Cultural Healing Camp will be coming to a close at the end of this month. We are happy to close another successful season. The staff at camp needs to be honored for their dedication to our program. Thank you for all of the volunteer hours that you put in Dean, Eric, Ricky, and Carrie. I know that you all deserve a lot more than my thanks, but thank you for all the extra's you do.

ARP has done a lot of work in attaining accreditation, however there is still some left to do. We will be completing the paper work for accreditation this fall and winter. Nedinska Donaldson has been a great help in assisting ARP with completing the accreditation process. Thanks for your help Nedinska.

If you would like ARP in your community we will be starting our winter program in November. Please call Janice and she can help to set up dates.

ECD:

Summer is over and we are now into our fall schedule. We are visiting the Yekooche Head Start Program on October 6, 2008. Our team will also be in Takla Lake October 15 and 16. We will be discussing the community needs as it relates to early child development. Contact Cheryl Abraham @250.996.7780 if you would like an appointment to discuss your child's needs or for information on infant and child development.

We are hosting a two day workshop on November 14th and 15th on working with children with challenging behaviour. It is called "Intervene Before Reacting" It is being held in Vanderhoof at W.L. McLeod Conference Room from 9:00 am to 4:30 pm both days. Lunch is provided. The workshop is free for Carrier Sekani Family Services staff and community members.

The Aboriginal Supported Child Development Program is hosting a sub-regional information forum October 28, 2008. We will be offering an overview of the ASCD Program, including provincial and regional standards, policies, procedures, and tools. It will also be an opportunity for the provincial and regional advisors to hear from agencies and band members about the unique needs of our area. An invitation will be sent with information as to time and place.

Carrier Sekani Family Services has been awarded the contract to complete a Community Map of Early Child Development Services for communities from Burns Lake to Vanderhoof including the Fort St. James Area. Sometime in October or early November we will be holding community forums in Burns Lake, Vanderhoof, and Fort. St. James. The objective is to preview current Early Child Development planning committees and provide recommendations for the integration of "Make Children First" priorities into existing ECD planning committees. Keep a look out for the posters. Your input is very important and will be greatly appreciated.

If you are interested in parenting programs such as "You Make the Difference", "Nobody's Perfect" or "Make the Connection", call Shari A. Burrows @ 250.567.2900 or toll free @ 1.866.567.2333 or Email: shari@csfs.org

NURSING:

September has been a busy month for Community Health Nursing staff. Tanya Benedict has been getting to know the communities of Saik'uz and Yekooche. Beth Berlin has returned from maternity leave and is working with the communities of Wetsu'wet'en and Burns Lake. There have been a number of educational opportunities for nurses this month with an emphasis on immunization as

everyone gets settled into the back to school routine. Deborah McArthur continues work in Nadleh/Stellaten and Jacquie Baldwin at the Southside clinic. Please watch for notices in your communities about upcoming events.

Communities will be seeing the rollout of the HPV Vaccine for girls in grade 6 and 9 through Public health in the school system. In Yekooche and Takla the nurse in your community will be responsible for vaccinating grade 6 girls. Either public health nurse or The nurse in your community will be able to provide you with information regarding this vaccine so that you can make an informed decision regarding its use. Some information in the news regarding side effects of this vaccine is misleading.

We are pleased to announce that the COHI AIDE positions for the communities of Takla and Saik'uz have been filled. Angela Barfoot (Saik'uz) and Tana Young (Takla) will be working two days a week in these two communities to improve the oral health of pre school children through education and dental varnishing. As oral health is important to overall health please take the time to make an appointment for your preschool children. The follow up that is done at home to establish a habit of tooth brushing twice a day and limiting sweet snacks are two of the most important ways that parents can ensure that their children will have healthy teeth.

Dates to Remember:

- Women's Camp September 29 – October 5, 2008
- Trauma Camp October 13 – 19, 2008
- Dress Down Day (breast cancer society of canada) www.dressdownday.ca

26

27

28

**ASCD
Forum**

29

30

31

Halloween

Marilyn Janzen
Carrier Sekani Family Services
Addictions Recovery Program Manager
Phone (250)567-2900
Fax (250)576-2975
mjanzen@csfs.org
www.csfs.org

Cowardice asks the question - is it safe? Expediency asks the question - is it politic? Vanity asks the question - is it popular? But conscience asks the question - is it right? And there comes a time when one must take a position that is neither safe, nor politic, nor popular; but one must take it because it is right. Dr. Martin Luther King, Jr.