



Carrier Sekani
Family
Services

www.csfs.org

Welcome to CSFS Health e-News: September 2008

~National Arthritis Month~Ovarian Cancer Month~

Staff Changes in Health:

- The Early Child Development Program is pleased to welcome **Erin Smedley**, as of July 21st. Erin will be working three days per week on the Canadian Prenatal and Nutrition Program and one to two days per week with the Aboriginal Supported Child Development Program. She has been a resident of the Vanderhoof community for most of her life. Also, in the past three years Erin has been actively involved in School District 91, as a substitute teacher in Fort St. James, Fraser Lake and Vanderhoof.
- **June Moise** is back with Aboriginal Patient Liaison Worker Program for the month of August and the Christmas season. June is from the Fort St James and is a student at UNBC. June speak her language, compassionate, caring person. We are happy that she is able to be with us again.
- Please welcome **Tanya Barker Benedict** who commenced with CSFS on Tuesday, August 5th as the Community Health Nurse for Saik'uz and Yekooche. In 2003, she graduated from the University College of the Cariboo, obtaining a Bachelors' degree in Nursing. She then went to Northern Manitoba, Poplar River First Nation, to set up the Home and Community Care Program, an isolated fly-in community and home to her ancestral heritage. In 2004, she worked within an expanded role as a CHN with the Nisga'a Valley Health Authority. In 2005 to 2007, she took on the adventure of Travel Nursing within the province of BC, filling short term temporary positions needed in Long Term Care, Home and Community Care, On-call Emergency Clinics, and Community Health Nursing. In 2007 to 2008, she worked with Aboriginal Youth who participated in a research project that focused on vulnerabilities to contracting HIV/Hep C in youth who use illicit drugs within the city of Kamloops. She looks forward to working with CSFS and what the future will lead to, and as always, the people that she meets along the way.

- We are also pleased to welcome back Nurse **Beth Berlin** who is returning from maternity leave on August 19th. She will be working two days per week (Tuesday/Thursday) to provide services to Burns Lake Band and Wet'swuet'en First Nation.
- **Leanne Waddle** is currently covering for **Sarah Hein** while she is away. Sarah will return September 8, 2008.

Job Opportunities with CSFS:

- **CSFS Vanderhoof office is seeking a part time janitor. Please send resume to Dianna Evans @ devans@csfs.org or fax at 250-567-2900. Closing date is 12 noon on Aug 19, 2008.**

UPDATES

ADMINISTRATION: Effective immediately the patient travel rates are as follows. Flat daily meal allowance without receipts for clients and approved escorts at the following rates.

- \$31.00/day 1-5 days
- \$25.00/day 6-31 days (staff must request prior approval from NIHB office)
- \$18.00/day 31 days and over
- \$10.00/day for day trips only for clients, where meals require medical treatment such as diabetes, dialysis
- \$30.00/day for private accommodations
- Private kilometer rate will be reimbursed at \$0.20 cents/kilometer, secondary rate of \$0.25 cents/kilometer will be reimbursed for that portion of mileage which takes place on unpaved, forest service roads.

ADDICTIONS RECOVERY PROGRAM: Summer has once again come to an end. Ormond Lake camp continues to operate, and is counting down the 4 remaining camps for the season. We have the Families Camp and Men's camp this month. Please call if you would like to schedule someone for Men's camp, the families' camp is full. I would also like to say Happy CHR day to all the wonderful CHR's who work tirelessly to ensure our community members are well taken care of. The ARP program appreciates everything that you do. Muci Cho!

ECD: Try out the new infant/toddler playground equipment at Riverside Park thanks to the Success by Six Committee, the Elks Club, and the Municipality of Vanderhoof.

Transition Booklets are available at the Vanderhoof Office to help your child with the transition to Kindergarten. Some children have difficulty entering Kindergarten. Our booklets contain information on how to reduce anxiety related to entering a new phase of their development.

HOME CARE: Tea & Bannock was held at Stelat'en on July 25, 2008 which was a huge success as always. There is no Tea & Bannock for the month of August. The Home Care Department remains very busy

Dates to Remember

- **Mental Illness Awareness Week – September 30th – October 6**
- **Fetal Alcohol Syndrome Awareness Day – September 9th**
- **National CHR Day – September 20th**

September

| <i>Sun</i> ARP | <i>Mon</i> | <i>Tue</i> | <i>Wed</i> | <i>Thu</i> | <i>Fri</i> | <i>Sat</i> |
|--------------------------|--------------------|------------------|------------------|------------------|------------------|------------------|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| | Families Camp>> | >>>>>>>> >>>> | >>>>>>>> >>>> | >>>>>>>> >>>> | >>>>>>>> >>>> | >>>>>>>> >>>> |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| >>>>>>>> >>>> | | | | | | |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| | Men's Camp>>> | >>>>>>>> >>>> | >>>>>>>> >>>> | >>>>>>>> >>>> | >>>>>>>> >>>> | >>>>>>>> >>>> |
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