



Carrier Sekani
Family
Services

www.csfs.org

Welcome to CSFS Health e-News: November 2008

~ Diabetes Month~ Osteoporosis Month~

Staff Changes in Health:

- We welcome **Shelley Carswell** as a new Resident Care Aid for the RCA program (previously known as Home and Community Care Program).
- We bid a fond farewell and good luck to **Maddy Hoefler** as she is now employed as CHR for the Yekooche First Nation Band
- **Carla Isadore** is now employed by her home band, Nadleh Whut'en, we wish her luck as she begins her new careers as CHR.
- We wish **Cynthia Munger**, who is on sick leave a speedy recovery.
- **Karen George** has left CSFS as the Aboriginal Supported Development worker; we wish her luck in her future endeavors.

Job Opportunities with CSFS:

- **ARP intake/assistant. Please call Mabel Louie at 1-800-889-6855 or by email at mabel@csfs.org for full details. Closing date November 4, 2008.**
- **ECD is looking for Aboriginal Supported Development worker. Please call Mabel Louie at above mentioned numbers. Closing date November 17, 2008.**

[UPDATES](#)

ABORIGINAL PATIENT LIAISON:

Grace is very busy daily, and encourages band members to check appointment dates and times prior to arriving at Prince George Regional Hospital. Also we encourage new mothers to be adequately prepared for the birth of their baby with blankets and clothing for their new bundle of joy.

Grace works from 0800- to 400pm, Monday to Friday. Grace won an award Last month from the community of pg as an aboriginal woman working hard for her people. Congratulations Grace, we are all proud of the work that you do for our people.

ADMINISTRATION:

Carrier Sekani Family Services will be hosting the annual front line workers training in Prince George from November 25-27, 2008. All CSFS staff who are also front line workers from Child and Family and Health will be in attendance. The training session is for CHR's and NNADAP workers from the community.

ADDICTIONS RECOVERY PROGRAM:

The Ormond Lake Cultural Camp has closed down for the season, the staff is happy to celebrate another successful year. We will be getting our newest camp schedule out by the end of this month. ARP has two (2) new forms for community workers, and community members to fill out when referring people, or requesting services. Both of these can be found on our website, under Health, and then click on Addictions Services, or call and we can fax them to you.

We look forward to being invited to your communities this winter.

ECD:

Early Child Development is hosting a workshop for childcare providers on November 14 and 15 (9:00 am to 4:00 pm both days) at W.L. McLeod Elementary School.

Intervene before Reacting is a workshop that presents a positive integrated approach to changing behaviour. This dynamic approach is Early Childhood Education Based. The uniqueness of this approach is that it identifies two pathways

to behaviour change – the environmental pathway and the behaviour pathway. For more information or to request a registration form contact Shari A. Burrows at 250.567.2900 or shari@csfs.org

NURSING:

Flu shots will be coming to your community over the next three weeks. Please watch for posters with the information with dates and time in your community. **Please be “Flu-Smart” by avoiding getting the flu;** get a flu shot, wash your hands frequently, keep your hands away from your face, stay away from others who are ill if possible, do some extra cleaning of frequently touched surfaces such as door knobs, light switches, telephones, TV remote controls, don't share cigarettes or drink containers, teach those around you cough or sneeze into their elbow rather than their hands and to dispose of soiled tissue into the garbage can. Also maintain your general health by eating well and getting enough rest.

RESIDENT CARE AID (PREVIOUSLY KNOWN AS HOME AND COMMUNITY CARE)

Tea and bannock was cancelled in Burns Lake in Oct. due to conflicting schedules.. All RCAS are going to be in attendance at the Front line workers conference in PG, so all RCAS will not be available for services November 25-27, 2008.

Dates to Remember:

- *Remembrance Day – November 11th*
- *National Addictions Week – November 16-22*
- *World Diabetes Day – 14th*
- *International Day for the Elimination of Violence against Women - 25th*
- *Front line workers.*

November 2008

Sun
ARP

Mon

Tue

Wed

Thu

Fri

Sat

1

2

3

4

5

6

7

8

Stellat'en

Nadleh

9

10

11

12

13

14

15

Remembrance
Day

Saik'uz

World Diabetes
Day

16

17

18

19

20

21

22

Stellat'en

Saik'uz

National
Addictions
Awareness Week



23

24

25

26

27

28

29

Front line training
Elimination of
violence against
women day



30