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## Welcome to CSFS Health e-News: August 2009

### Staff Profile of the month:

Margaret Nooski, Cook for the Ormond Lake Cultural Healing Camp.

Margaret has been working at the camp since 1995. Her main duties are cooking, cleaning and ordering food for the camp.

Interests and hobbies are Arts & Crafts: beading earrings, necklaces, handbags, making scarf's, canning and drying moose meats, salmon and wild berries.



### Staff Changes in Health:

- Christine Alfred is the ARP Assistant/Intake Worker. You can contact Christine in the Vanderhoof CSFS Office
- Scott MacIntosh is the Night staff out at Ormond Lake Cultural Healing Camp.

Welcome to the ARP Team, we look forward to working with you.

### UPDATES

#### Addictions Recovery Program:

ARP has hired 2 students for the remainder of the summer. They are both registered to attend a post secondary institute in September. We have our Maintenance Aide Marvin Solonas and Kitchen Aide Elliot Leon. Welcome to our program guys. We have also hired Christine Alfred as the new full time

Assistant/Intake worker for our program. If you have any questions about intake please call her at our Vanderhoof office.

This month we have the Youth girls and the FAST camp. For the fast camp participants are only asked to fill out a one page registrations form. Please fill out the Caregivers form on our website. We look forward to all the august sunshine and seeing you at Ormond Lake.

### **ECD/ Supported Childcare:**

The ECD department has just completed their first five sessions of infant massage with a group of five parents. The parents enjoyed their time spent with their infants. We will be looking at doing it in Stellaten in September. We are in the process of hiring a new support worker, hopefully they will be starting with us in August. We have a visit planned for Takla for August 25, we will be having an assessment day at the health unit. We are continuing to do home visits/ center visits in Stellaten, Nadleh, and Saikuz. We are waiting for the daycare to be open at Yekooche so we can continue on with our assessments, they should be back by the middle of August.

### **Home & Community Care:**

Rick Stevens, Dianne Thomas and Marie Casimel are now certified in the Point of care, haemoglobin A1C and cholesterol testing certified by Marna RN from Fraser Lake Diagnostic Center. Congratulations.

Madeline Hoefler will not be returning to CSFS, we wish her luck.

Sarah Hein and Barby Skaling received their basic laser therapy training. We will provide more information once we discuss with our managers how this laser therapy program service delivery will look like.

Sarah and Barby also attended the Returning to your Spirit Workshop. It was enlightening and intense training. Tea and bannock is ongoing in the communities.

Full time Resident Care Aides are in the process of having their vacations and rest period, so you will see and meet again, our casual staff will provide coverage for them. Grace returned to her full time position as APLW from her medical leave. June will be covering for Grace while Grace takes her annual vacation from August 10th onward. Also Congratulations to Grace, she was successful for the Tachet councillor position in her community.

Lorna attended a workshop in Vernon for the Administrative Assistant. RCA's, Lorna, Janice and myself got an update on information on the Health Canada ESDRT reporting requirement.

Happy days in the sunshine and enjoy the summer with your loved ones.

**Dates to Remember:**

August 3 Civic Holiday

August 1-7, 2009 World Breastfeeding Week

August 12, 2009 International Youth Day

August 3-9 Youth Girls Camp (Age 13-18)

August 17-23 FAST Camp