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## Welcome to CSFS Health e-News: April 2009 ~National Cancer Month~



**Staff Profile – Dianna Evans is the Director of Health for Carrier Sekani Family Services. Dianna is a Lake Babine Nation member and has a son, daughter and two step sons. She has been working in First Nations Communities for the past 20 years. She is currently filling a leave of absence term for Mabel Louie.**

### **CHR Training -**

Carrier Sekani Family Services is committed to improving the health and well being of First Nations through the on going investment and development of our community members.

CSFS has secured funding to provide education and training to community members interested in pursuing a career in health care. The program will provide participants with knowledge, skills and training specific to community health. Participants will receive a Community Health Representative certificate upon their successful completion of this program.

**We are inviting two people from each of the communities to apply for this training, please contact our Vanderhoof office for further information. Classes begin September 2009 to May 29, 2010. Please contact our Vanderhoof office for further information.**

### **Staff Changes in Health:**

Mental Health:

As some of you may know, Mieke is expecting her second child in May. She is now off on maternity leave. We are looking for a maternity term position to replace her in Stellako until July 2010.

## Child and Youth Mental Health

We have now hired a team lead, two clinicians, one support worker and an admin support worker. We will be hiring two additional support workers to complete our complement of staff. We hope to have this Bulkley Valley program operational out of a Burns Lake location by the end of this month.

## Job Opportunities with CSFS:

- 3 Community Health Nursing Advanced Practice Positions in Takla Landing
- 1 Full time Diabetes Nurse Educator Position
- 1 Nutritionist/Dietician Position
- Mental Health
- There are both full and part time positions available in the Prince George and Bulkley Valley area.
- 1 Addictions Recovery Clinical Counsellor, Contact Marilyn Janzen. Closing Date April 17, 2009
- Intake Worker Position/ Assistant, Contact Marilyn Janzen. Closing Date April 17, 2009
- Full time night staff for Ormond Lake Camp, Casual Cook, Casual Security Please contact Marilyn Janzen for full details.

## UPDATES

### Addictions Recovery Program:

ARP would like to thank Jane Middleton-Moz and Phil wells for the wonderful workshop that they put together for the youth and adults in Nadleh. Everyone in attendance learned something new about themselves and enjoyed the time together.

This workshop is designed for adults and youth. The workshop will be repeated in the following communities:

- 🚧 Southside May 11-15, 2009
- 🚧 Burns Lake June 1-5
- 🚧 Yekooche July 20-24, 2009

ARP would also like to encourage people to start signing up for Ormond Lake cultural camp. We are opening in May with our Caregivers camp.

We would like to welcome Dean Sam to our Counselling team as a full time member. Congratulations Dean and we look forward to working with you.

### **ECD/ Supported Childcare:**

The ECD has been busy doing transition meetings with the schools for the children that are going into Kindergarten. We have just started to receive services from an SLP in Fraser Lake and in Vanderhoof and that has been a great success for furthering the children's development. We are still accepting registrations for the Infant massage course in May, deadline is April 15/09. Our Crisis Intervention Course is booked solid but if people still have an interest they are putting one on in Burns Lake. Carling is still out at Saikuz full time and I'm out there on Thursdays and Fridays. I'm still doing the Moe the Mouse program on Wednesdays in Stellaten and we will be going up to Yekooche on April 23/09 to do some more assessments, we will also be stopping in Fort St. James to do some home visits on the way back. I have also been continuing to do the Roots of Empathy Program at W.L School.

The ECD staff will be attending a parenting workshop which will able my staff to teach a 3 hour parenting course that will be offered to the communities in May. Erin and I are also taking a FASD train the trainer at the end of April, this will qualify us to take teach the FASD course after, which will also be offered to the communities.

### **Dates to Remember:**

- *Dental Health Month*
- *National Cancer Month*
- National Volunteer Week April 19<sup>th</sup>-25<sup>th</sup>
- *\*Please Note\* CSFS will be closed for Good Friday April 10 and Easter Monday April 13, 2009*